



JOSEPH M. CATALANO, D.D.S., P.C.

Oral Surgery and Implantology

PRE-OPERATIVE INSTRUCTIONS

If you are having **Intravenous Anesthesia (IV)**, please observe the following pre-operative instructions:

1. Drink plenty of water on the day before surgery.
2. **Consume no food** (not even candy or gum) **or liquids** (not even water) **for at least 8 hours prior to surgery.**
3. You may brush your teeth and rinse but do not swallow water 8 hours prior to surgery.
4. Wear loose clothing such as a short sleeve shirt or a shirt with sleeves that easily Roll up.
5. Remove all fingernail polish, jewelry, tongue or lip piercing rings and bars, and contact lenses prior to IV Sedation.
6. You must have **someone drive you to your surgery and back home** after surgery. This should be a **parent, spouse, or other responsible person** who is required to **remain in the office for your entire appointment** until you are discharged.
7. We ask you not to bring small children on the day of your surgery.
8. If you are an asthmatic, please bring your inhaler to your appointment.
9. Please call us with any questions regarding the surgery or anesthesia at **303-768-8222**.

If you are having **Halcion/Valium Sedation**, please observe the following pre-operative instructions:

1. You must have **someone drive you to your surgery and back home** after surgery. This should be a **parent, spouse, or other responsible person** who is required to **remain in the office for your entire appointment** until you are discharged.
2. Halcion/Valium is best effective if taken on an empty stomach. If possible, skip breakfast for a morning appointment or skip lunch for an afternoon appointment, however this is not required.
3. When you arrive at the Aspen building if you are feeling unstable from the oral sedation please call our office at: **303-768-8222** and ask for wheel-chair assistance and one of our assistants will meet you at the front of the Aspen building where valet drops off to assist you up to our suite.

Sky Ridge Medical Center Aspen Building does offer complimentary valet parking from
9:00am-5:00pm